

EMA Honors EPHA with Institutional Award



African Union Conference Center in Addis Ababa.

Dr Assefa Sime, an executive board member of EPHA received the award on behalf of the Association.

EMA has a long tradition of recognizing an institution and individual every year during the celebration of its annual conference.

EMA is a professional association that has been making every effort to improve the standards of medical

At its 49th annual medical conference held on 22nd of February 2013, the Ethiopian Medical Association (EMA) honored EPHA with the institutional award for its outstanding support and contribution to the devel-

opment of medical profession in the country.

The award was Presented by His Excellency Dr Keseteberhan Admassu, Minister of the Federal Ministry of Health at a ceremony convened in the

practice and ethics, improve the quality of health care, and engaged in the provision of continual medical education and promotion and dissemination of health researches.

EPHA Awarded by the Tigray Regional State

The Ethiopian Public Health Association (EPHA) has been awarded certificate of appreciation and a trophy depicting the Martyr's of Memorial Monument found in Mekele town in recognition of the valuable contributions the Association has made to the regional health bureau of Tigray and the health sector development of the region as a whole and for working with the people and government of Tigray in an effort to meet the Millennium Development Goals. The award was handed over to EPHA by His Excellency Ato Abay Weldu, President of the Tigray regional state on the occasion of the Health Professionals Festival held on the 4th of April 2013, in Mekele. Ato Ali Beyene, Director for Member Affairs and Networking of EPHA received the award and certificate of appreciation on behalf of EPHA.



Cont'd on page...11

Inside this Issue

| | |
|----------------|---|
| News | |
| Editor's Note | 2 |
| Role Model | 3 |
| Health Matters | 4 |

Strives to
Enhance
Public Health!!!

Editor's Note

Countdown to the 25th Anniversary of EPHA

It has been 24 years and addition of few months since the Ethiopian Public Health Association set its root. Now counting towards the celebration of the silver jubilee of the Association together with its 25th annual conference!

Twenty five years ago, it was started with a simple dream and some initiatives of how to turn that dream into reality.

Indeed, the journey, not simple and plain! Passing all through the ups and downs, we reached at the moment where we can testify the Association's visible contributions to the nation's health sector development.

Thus, in the last twenty four years, it has made significant improvements in many ways: be it in terms of increasing its membership and resource base or in terms of its professional support towards the realization of improved health situation in the country.

Based on the resolution made by the General Assembly and Executive Board of EPHA, preparation is underway to celebrate the 25th Silver Jubilee of the Association in 2014.

The silver jubilee is expected to serve as an ideal opportunity to reflect the achievements made in the last 25 years and profoundly deliberate on the future directions of EPHA.

We hope that a sense of appreciation, professionalism, satisfaction and lasting memory on the virtues of the association will be imprinted in the minds and hearts of its members.

Publications Unit

EPHA Says Farewell to Dr Thomas Kenyon

The Ethiopian Public Health Association (EPHA) has presented a trophy and certificate of appreciation to Dr Thomas Kenyon, Country Director of CDC-Ethiopia, who has finished his term of office in this year. The honor has been awarded to him in recognition of his leadership, unreserved commitment and consistent support he has given to strengthen EPHA and the health sector development of the country at large during his service from 2008 to 2013.



At a cocktail reception, organized in the Dream Liner hotel, evening of 23 April 2013, EPHA has unveiled its appreciation and profound gratitude to Kenyon accentuating...

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Dr. Elinor Catherine Hamlin



Dr. Hamlin when she was 20 years old, Medical student

Dr Catherine Hamlin was born in Sydney on 24 January 1924. Hamlin's family lived in the Sydney suburb of Ryde, at 'The Hermitage'. One of the six children of Elinor and Theodore Nicholson, Catherine went to Frensham School in Mittagong, before going to the University of Sydney undergraduate from its Medical School in 1946.

After internships at St Joseph's Hospital Auburn, and St George Hospital Kogarah, she became a resident in obstetrics at Crown Street Women's Hospital. In 1950, she married Dr Reginald Hamlin, medical superintendent at Crown Street.

In 1958, the Hamlins answered an advertisement in the Lancet medical journal for an obstetrician and gynecologist to establish a midwifery school at the Princess Tsehay Hospital in Addis Ababa. Together, Reg and Catherine with their six-year-old son Richard arrived in 1959 on a three-year contract with the Ethiopian government. But only about 10 midwives had been trained before the government closed the school. There were not enough beds at the Princess Tsehay Hospital to treat them. The Hamlins decided that they must find a hospital for these "outcast" women, something that would be a sanctuary and a haven, where they would be welcomed and restored.

The Hamlins had never seen an obstetric fistula before they were an "academic rarity" having been virtually eradicated in the United States in 1895. Seeing many cases arrive at the school, they decided to create a dedicated hospital. Fifteen years later, in 1974 they founded Addis Ababa Fistula Hospital.

A fistula waiting hostel was built in the ground of the Princess Tsehay Hospital to house patients, while waiting for a bed in the hospital.

In the first year, fistula repairs were carried out on 32 women. By the third year, 300 women had been healed. They perfected their surgical procedure. Each operation takes from about one to three hours to perform. As word spread that a cure for this condition was possible more and more patients arrived for surgery.

When Reg Hamlin OBE died in 1993, Catherine pledged to continue the work they had begun together. Without his physical support however, there was a need for additional doctors.



An increasing number of patients were coming for surgery and the hospital buildings needed to be upgraded and extended. A house for a new resident doctor was built. The Princess Anne Ward, the pathology laboratory and the library were also built. A more intensive program to train doctors and nurses in fistula surgery was commenced. Because of the extreme difficulty patients have to reach Addis Ababa, a mobile Medical Team was established, to travel to remote areas of Ethiopia, and to do fistula operations in regional hospitals. A Land Rover was donated by Rotary Clubs in Australia. The Fistula Hospital building complex was restructured and major extensions were made. A new operating theatre, an X-ray room and physiotherapy centre was built. Accommodation for resident nurses and for overseas doctors in training, were constructed.

A bore for water was sunk. This project was funded by the Australian Government, AusAID, and other generous donors in Australia and New Zealand.

Continued on page... 7

ትንባሆ በአደባባይ እንዳይጨስ የሚከለክሉ ህጎች ውጤታማ እየሆኑ መጥተዋል

Health Matters

ትንባሆ ከተጠቃሚዎቹ ግማሽ ያህሉን ያለርህራሄ ይገድላል። ዛሬ የኔ ብለው ከኪሳቸው ያወዳጁት ትንባሆ ዘመድ ላይሆናቸው በራሳቸው እጅ ተተኩሶ እነሱን ይገድላቸዋል።

የአለም ጤና ድርጅት እ.አ.አ በ2030 ትንባሆ በየዓመቱ ከ 8 ሚሊዩን በላይ ህዝብ ሊጨርስ ይችላል የሚል ስጋት አለው። በአሁኑ ወቅት በትንባሆ ሰበብ የሚሞቱት ሰዎች ቁጥር በዓመት ወደ 6 ሚሊዩን ይጠጋል። ከአምስት አሜሾች አራቱ ይዋል ይደር እንጂ ለህልፈተ ህይወት ይዳረጋሉ። ይህ እውነታ ጎልቶ የሚታዩው ደግሞ ዝቅተኛና መካከለኛ ገቢ ባላቸው አገራት ነው።

ለዚህም ይመስላል የአለም ጤና ድርጅት በጋራ መላ እንበል ሲል ያለማቋረጥ ለሁሉም አገራት ጥሪውን እያሰማ ያለው።

በተለያዩ ጊዜያት በትንባሆ ማስታወቂያዎች ላይ የተጣሉ ማዕቀቦች ውጤታማ እንደሆኑ ለማየት ተችሏል። በትንባሆ ማስታወቂያዎች ላይ ማዕቀብ ያደረጉ አገራት በአማካይ 7 በመቶ ያህል የትንባሆ ተጠቃሚዎችን ቁጥር ለመቀነስ ችለዋል።

ጥናቶች እንደሚያመለክቱት 1/3ኛው ያህሉ ወጣቶች ትንባሆ ማጨስ የጀመሩት በትንባሆ ማስታወቂያዎች አማካኝነት ነው። በዓለም አቀፍ ደረጃ 78 በመቶ ያህሉ ወጣቶች ከ13-15 ዓለው የእድሜ ክልል ውስጥ የሚገኙ ሲሆኑ በተለያዩ መልኩ በሚነገሩ ማስታወቂያዎች የተነሳ ለአሜሽነት ተዳርገዋል።

በቅርቡ በቱርክ በተደረገ ጥናት ከ2008 ዓ.ም ጀምሮ የትንባሆ ማስታወቂያ በመከልከል ምክንያት ከ13 በመቶ ማለትም ከ1.2 ሚሊዩን ያላነሱ ተጠቃሚዎች ትንባሆ ማጨስ እንዳቆሙ ለማወቅ ተችሏል ።

የትንባሆ ማስታወቂያዎችን በመከልከል ለውጥ ካመጡ አገሮች መካከል አልባንያ፣ ብራዚል፣ ኮሎምቢያ፣ ፓና፣ ኢራን፣ ሞሮኮ፣ ፓናማ እና ቪትናም ተጠቃሽ ናቸው። ከማስታወቂያዎች ባሻገር በህዝባዊ አገልግሎት መስጫ ስፍራዎች ትንባሆ እንዳይጨስ መታገዱ ደግሞ ፋይዳው እጅግ የላቀ ነው።

የተለያዩ አገሮች ትንባሆ በየአደባባዩ እንዳይጨስ አግደዋል። በአለም በትልቅነቱ በ3ኛ ደረጃ የሚጠቀሰው የትንባሆ ግብይት የሚካሄድባት ሩሲያ በህዝብ መገልገያ

ስፍራዎች ትንባሆ እንዳይጨስ በቅርቡ አግዳለች። በመሆኑም በህዝብ ትራንስፖርት መገልገያዎች፣ በአውሮፕላን ማረፊያዎች፣ በባቡር ጣቢያዎች፣ በት/ቤቶች፣ በሆስፒታሎችና እንዲሁም በሌሎች መስል አገልግሎት መስጫ ስፍራዎች ትንባሆ መለኮስ ተከልክሏል። በጎዳና ላይ ያሉ የትንባሆ ማስታወቂያዎችም ተወግደዋል።



ይህን ያደረገችው ሩሲያ እንደ Organization for Economic Co-operation and Development መረጃ ከዚህጋ መካከል ከወንዶቹ ከግማሽ የሚበልጡት፣ ከሴቶቹ ደግሞ 1/6ኛ ያህሉ አሜሽ ናቸው። በዚህም ምክንያት በየአመቱ 200,000 ያህል ዜጎቿን ለሞት ትገብራለች። ፈረንሳይ በበኩሏ በቅርቡ “e-cigarette” በመባል የሚታወቅ በኤሌክትሪክ የሚሰራ ትንባሆ በህዝብ አገልግሎት መስጫ ስፍራዎች እንዳይጨስ ከልክላለች። ይህ ትንባሆ ከ16 ዓመት በታች ላሉ ታዳጊዎች እንዳይሸጥም አግዳለች።

ፈረንሳይ ትንባሆ በህዝብ መገልገያ ስፍራዎች እንዳይጨስ ያገደችው በ2008 ሲሆን ይህን ተንተርሶ በኤሌክትሪክ የሚሰሩ ትንባሆዎች መሸጫ ሱቆች ግን በየስፍራው ተስፋፍተው ነበር። በመሆኑም ይህ እስከርቢቱ መሰል ትንባሆ በአሜሾች ዘንድ ይዘወተር ነበር። በተለይም በወጣቶች።

የፈረንሳይ የጤና ጥበቃ ሚኒስትሯ ለፈረንሳይ ራዲዮ ጣቢያ በጉዳዩ ላይ በሰጡት መግለጫ በአገራቸው በርካታ ወጣቶችና ነፍሰጡሮች ከሌሎች የአውሮፓ አገሮች የበለጠ ለአሜሽነት ተዳርገዋል። በመሆኑም ከትንባሆ የፀዱ ስፍራዎች መፍጠር አለብን ሲሉ ተደምጠዋል።

ምንጭ:- <http://world.time.com>
www.who.int

Big Topics Discussed by the Advisory Council

At the extraordinary meeting called by the Executive Board of EPHA, the Advisory Council, the body which is in charge of providing technical and managerial advice to the Association, discussed matters of concerns that are highly likely to move up and accelerate EPHA's contribution in the public health arena. The half-day meeting talked about activity performance report of EPHA since the end of the 24th annual conference, the progress on the Addis Ababa Declaration, outstanding issues identified at the 24th annual conference, tentative plan for the 25th silver jubilee anniversary of EPHA, the status of the construction of EPHA's future headquarters, the Association's new research directions and draft guideline for the advisory council.

During the meeting, major outstanding issues, which were underscored by the General Assembly of the 24th annual conference, were presented by Dr Tewabech Bishaw, president of EPHA for deliberation wherein the construction of EPHA's future headquarters, the 25th anniversary of EPHA, the issue of strengthening the membership base and regional chapters of the Association, the envisaged research and training center, were top on the agenda of discussion.

Similarly, Dr Tewabech drew attention on the status and follow up

progress on the Addis Ababa Declaration that was issued at the conclusion of the 13th World Congress on Public Health.

Having made some highlights on it, she urged everyone to respond and give due attention towards the materialization of the Declaration for which she placed EPHA to take the lead role.

Ato Hailegnaw Eshete, Executive Director of EPHA reported the major activities that have been implemented by the secretariat as of the conclusion of the 24th annual conference, January 2013. In his report, Ato Hailegnaw mentioned that a three-year long new project has been granted to EPHA by the Packard Foundation to be carried out in the Oromiya region in a further effort to consolidating the partnership between the two parties in improving the reproductive health and family planning situation of the country.

He also said that various research undertakings have been carried out jointly with WHO, Oromiya Health Bureau, Ipas, FMoH, MIT, UNICE, University of UMEA, MSH, FHAPCO, MOST, and EHNRI, on topics of significance to current public health agendas.

A draft concept note which was prepared based on the resolution endorsed by the General Assembly, was also presented giving some highlights and guidance on what looked like the organization

of the silver jubilee of the Association in the coming year.

The new advisory council guideline, which was drafted by the legal advisor of EPHA to meet the rules and regulations of the Charities and Societies Agency, was proposed under six major articles and discussion held on it.

Members of the Advisory Council, board members, EPHA management and few staff members of the secretariat office were in attendance of the meeting.

EPHA Says Farewell to...

his role and meaningful interventions in the capacity building program of EPHA and supporting the effort geared towards improving the public health situation of the country.

Upon receiving the trophy, Dr Kenyon said that CDC has a special and cemented partnership with EPHA. In implementing large projects like the field epidemiology program and MARPs survey across the country.

On behalf of the Association, Dr Tewabech Bishaw, President of EPHA extended her gratitude to Dr Thomas Kenyon mentioning his immense contribution and due consideration paid to professional Associations like EPHA to play a big role in the nation's effort of the health sector development.

Invited guests from CDC, EPHA, EHNRI and other partner agencies were in attendance to bid Dr Kenyon farewell.

Dr Thomas Kenyon has been moving appointed as the Director for Center for Global Health at CDC in Atlanta.

Rapid Assessment on the Role of Professional Associations in the Multi-Sectoral Response against HIV and AIDS Undertaken, Result Disseminated

The result drawn from the rapid assessment that has been conducted by EPHA on the theme of the role of professional associations in the multi-sectoral response against HIV and AIDS, was disseminated to concerned bodies and diverse professional associations at the workshop organized on May 10, 2013 in Desalegn hotel, Addis Ababa.

Based on the results, way forwards were also devised to enhance the joint and organized efforts of the PAs that included but not limited to partnership and networking, capacity building and sectoral program development, joint resource mobilization, programming and implementation. The workshop ended by calling action for integrated efforts of all professional



The rapid assessment was conducted with the aim to enhance the joint and organized efforts of professional associations in the national multi-sectoral response against HIV and AIDS. Thus, the study evaluated the involvement of professional associations in the national multi-sectoral response against HIV and AIDS through identifying organizational capacity, level of participation, gaps and challenges in their overall response and thereby brought up a joint plan of action eventually.

The finding identified major gaps and challenges that set barrier against professional associations in Ethiopia to effectively respond to HIV and AIDS pandemic. Resource constraints, problem associated with prioritization for HIV and AIDS interventions, duplication of efforts and lack of comprehensiveness and weak follow-up of interventions, excessive donor dependency together with the stagnant growth of PAs were identified as major challenges by the rapid assessment.

associations in responding to HIV and AIDS pandemic jointly. Major decisions and action points were taken by the participants for the joint and coordinated effort of professional associations in the fight against HIV/AIDS. Accordingly, a core committee composed of all the professional associations in the workshop was formed to lead the joint effort. The core committee has been given the task of preparing detailed terms of reference and strategic direction on how to continue its future endeavors. EPHA has been assigned to take the leading role in organizing the joint meetings and activities whereas the Ethiopian Medical Association pledged to provide the necessary financial resources to strengthen the activities of the core committee. FHAPCO, for its part, took the responsibility of the overall coordination and guidance role as government body.

The workshop was attended by professional associations namely EPHA, EPA, ENA, EPHLA, EM&EA, ESOG, EMA, Musical Association, Midwives Association and other partners such as CORHA, Forum for Social Studies, FHAPCO and the Global Fund.

The 66th WHA Adopted a Strong Resolution on NCD

Tobacco Control Receives Less Attention in the Post-2015 Development Priorities

Several questions and concerns have been raised hither and thither calling for due attention to tobacco control and implementation of the Framework Convention on Tobacco Control (FCTC) despite the recent threat by the discussions at the United Nations concerning post-2015 development priorities where the issue seems to be completely ignored even though roughly 6 million people die from tobacco use each year and that these deaths are entirely preventable.

The forum recommended as to how the world tackles development issues once the Millennium Development Goals end in 2015 while tobacco control, is at risk of being ignored in the post-2015 development agenda.

Despite this big concern, good progress was made

at the recent 66th World Health Assembly (WHA) where a new NCD Global Action Plan was adopted. The assembly adopted a strong resolution on Non Communicable Diseases (NCDs), which will help advocate for accelerated implementation of the Framework Convention on Tobacco Control (FCTC).

The action plan was prepared intending to guide the work of the WHO Secretariat and regional offices, international partners and the Member States themselves between 2013 and 2020, it was learnt. Principally, the action plan calls for accelerated implementation of the FCTC which, indeed, explicitly reveals the substantial achievements so far, towards controlling tobacco' at the global level.

Dr. Elinor

At a later date, an additional 30-bed ward was built in the grounds of the Addis Ababa Fistula Hospital, also funded by Australia. This hospital has now treated more than 36,000 girls suffering from fistulas and other birth injuries.

According to Catherine, around 99 per cent of fistulae cases can be cured by surgery. But without access to treatment, many of the women are treated as pariahs in their home villages; unable to control the flow of urine or faeces, they are usually abandoned by their husbands and treated as outcasts in their own communities.

To help the women for whom surgery does not provide a solution, their team has built the village Desta Mender on 60 acres of land, given by the Ethiopian Government.

Fortunately, it is only about half a percent of all the patients that we see that have this terrible injury where the bladder is irreparably injured, and so we have built this village especially for them. It is a beautiful place, with ten women to every house".

Catherine is confident about the future even though patient numbers are still increasing: "Our hope is that one day every woman will be able to have a safe delivery and a live birth" Catherine says

Hamlin lives in her cottage on the grounds of the Addis Ababa Fistula Hospital as she has done for over thirty-five years. At the age of 89, she remains very active in the work of the hospital and operates every Thursday morning. Richard Hamlin is actively involved in the activities of the hospital and sits on its Board of Trustees. EPHA awarded gold medal to Dr Hamlin on the occasion of the 22nd annual conference held at the United Nations Conference Center in 2011.

Dr Wakgari Deressa Finishes his Second Term Office at EPHA

Dr Wakgari Deressa, who has been serving as board member and vice president of the Ethiopian Public Health Association (EPHA) for the past successive four years since 2009, has finished his second term of office on the occasion of the 24th Annual Conference that was held from 25th to 26th of January 2013 at UNECA, Addis Ababa. Dr Wakgari has made significant contributions during his tenure to the advancement of the Association along with other board members. Among others, his role was immense during the organization of the 13th World Congress on Public Health and towards the establishment and launching of the African Federation of Public Health Associations. The contribution made by Dr Wakgari had also been manifested at representing EPHA in different national and international conferences and in reviewing scientific papers.

At a thank you program organized by the EPHA secretariat office in the Dreamliner Hotel, Dr Wakgari has been awarded certificate of merit and trophy in recognition for his service, hard working and commitment paid in the growth of the Association during his office time.

On the same occasion, Dr Filimona Bisrat, Dr Alemayehu Mekonnen, Ato Seifu Hagos and W/ro Hiwot Mengistu were reported to have ended their first term of a two-year office and have been reelected by the General Assembly to work for additional two years.



Each of the reelected board members publicly articulated their dedication and commitment to serve the Association for another two years office term maintaining the already established team spirit and energy.

As per the amended by-law of the Association, no action was initiated to elect a new board member substituting Dr Wakgari as the number of board members has been reduced to seven from the customary eight as stipulated in the previous bylaw of the Association.

With the similar development, Dr Filimona Bisrat was elected as the vice president of EPHA replacing Dr Wakgari for the coming two years office term.

EPHA Formed Regional Chapters in SNNPR, Amhara and Oromiya

EPHA has facilitated the formation of regional chapters in the Southern Nations and Nationalities Peoples, Amhara and Oromiya regions where seven, twelve and fourteen executive members have been elected respectively to lead the regional office for two years office term. The election of the executive members in SNNPR was taken place on the 7th of April 2013 immediately following the conclusion of a training program on leadership and communication, organized for members of the association in the region. Accordingly, Ato Yusuf Abdu (Hawassa Health Science College), Ato Alemayehu Bekele (Arbaminch University), Ato Ayalew Astatike (Hawassa University) and W/ro Yemisirach Shifraw (Hawassa Health Science College) have been elected as President, Vice-president, Secretary General and Treasurer of the executive office respectively.

The remaining executive members who were voted for, to serve the office are Ato Estifanos Geribo and Ato Getachew Assefa, from the regional health bureau and Ato Mekonnen Berihanu from Dilla University

Hence, the training organized in Hawassa by Members Affairs and Networking department of EPHA and lasted from April 5 to 7, 2013, ended up by electing executive members of EPHA's regional chapter in SNNPR.

The training is provided as part of the members' capacity building program, focusing on topics related to leadership, shared vision, and team building and communication, and fundamental interpersonal relationship orientation behavior (FIRO-B).

A total of 27 members, who were drawn from Hawassa, Arbaminch, Wolayita, Hosahina, Welkite, and Butajira attended the training on leadership and communication.



The formation regional chapters in Amhara and Oromiya regions were taken place on May 1 and 31, 2013 respectively.

EPHA EXECUTIVE BOARD MEMBERS

| | |
|------------------------------|---------------------|
| Dr. Tewabech Bishaw | President |
| Dr. Filimona Bisrat | V/ President |
| Dr. Asefa Sime | Member |
| Sr. Worknesh Kereta | Member |
| W/ro Hiwot Mengistu | Member |
| Dr. Alemayehu Mekonen | Member |
| Ato Seyifu Hagos | Member |
| Ato Hailegnaw Eshetie | Non Voting |
| | Member |

EPHA's Role in the Nation Health Sector Development Steadily Growing over Time

At the Leadership Strategic Information (LSI) graduation ceremony held on April 13, 2013 in the historic town of Gondar, Ato Hailegnaw Eshete, Executive Director of EPHA addressed to honorable and invited guests and graduates of the 9th cohort LSI program wherein he pointed that EPHA's role in the nation's health sector development has been growing steadily and thereby he highlighted the skill based, long term and modular Leadership Strategic Information training as the one contributing factor that has shown the organizational capacity and growing roles of EPHA in the progress of the nation's health sector development and particularly in improving the technical capacity of the regional public health personnel on how to undertake secondary researches with a systematic and scientific approaches.

Dr Sisay Yifru, Dean of the College of Medicine and Health Science for Gondar University, on his part, disclosed his firm belief on the values and importance of initiating such appropriate actions like those taken by EPHA, to develop capacity in the health sector and use strategic information to improve skills for need assessment, planning process, monitoring and evaluation of the full range of interventions and activities especially in the area of HIV/AIDS epidemic at the various levels of the country's health system. In this respect, he underscored the need to sustain the program as it fills the capacity gaps seen by the health personnel working in various health sectors at the federal and regional levels. He also said that cascading the LSI training in the future by monitoring its quality and monitoring trainees at their work places as a strategy should be one of the key responsibilities of all collaborators.

In this cohort (9th), of the 25 professionals enrolled into the program, 21 of them have successfully completed the course having completed the three successive



modules along with effectively undertaking their respective research projects with the use of secondary data on HIV/AIDS and related topics.

The graduates pledged through their representative to translate and excel the skill and knowledge that they have acquainted during the course in their respective fields for the benefit of the community. Certificates were handed over to the graduates by the CDC delegate, Binyam Eskindir.

EPHA has been providing the leadership in strategic information training since November 2006 health professionals, drawn from various regions and health sector organizations with the aim to develop capacities of the public health sector in using strategic information to improve skills towards need assessment, planning, monitoring and evaluations of the full range of interventions and activities to combat the HIV/AIDS epidemic and other public health problems at the sub-national levels.

So far, a total of 178 experts have been trained and graduated from the LSI program since the program was launched.

EPHA's Bylaw Amended

The amended bylaw of the Ethiopian Public Health Association (EPHA) become official for members of the Association during the 24th Annual meeting held this year and endorsed by the General Assembly. The amendment is aimed at realigning the Association with the new legal frame work introduced in the country under the Charities and Societies Agency which has bestowed with the authority to regulate charities and civil society organizations operating in the county.

According to the new bylaw, the fiscal year of EPHA is amended from the Ethiopian fiscal calendar to the Gregorian fiscal year; January 1- December 31.

Moreover, detailed additional points are added to the membership criteria, rights and responsibilities as well as on categories of membership; the organizational structure of the Association revised, mainly at the secretariat level with a clear role and mandates

and detailed and diversified income sources of the Association were included such as members' contribution, grant, service charges, publications, training services and research. The first Articles of Association were developed on August 1991 (G.C) upon the Association's legal registration in accordance with the Ethiopian Civil Code No. 404 of 1952 (E.C.) and the registration regulation of associations No. 321/1959. The need to amend the Articles emerged following a new proclamation introduced in 2009, the Charities and Societies Proclamation No. 621/2009. Accordingly, EPHA has been re-registered as "Ethiopian Residents Society" "which are Charities or Societies that are formed under the laws of Ethiopia and consists of Ethiopian Residents, and who receive more than 10 percent of their funds from foreign sources."

EPHA Awarded by

Wereda Health Centers, Health Offices, Zone Health Bureaus, NGOs, and other professionals, who contributed in the health development of the region, were recognized at the health professionals' festival held in Mekele town in the presence of Dr Kesetebirhan, Minister of the FMoH.

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Abuse in relation to
HIV/Aids

የማጅራት ገትር በሽታ ምንድን ነው?

የማጅራት ገትር በሽታ በድንገት የሚከሰትና የአንጎልንና የትባለሰረሰር ሽፋን የሆነውን ስን ስካል (meninges) በማስቆጣት ከፍተኛ የህመም ስሜት የሚያስከትል ተላላፊ በሽታ ነው።

የማጅራት ገትር በሽታ በአገራችን አብዛኛውን ጊዜ የሚከሰተው በጣም ሞታታማ፣ ደረቅና ነፋሻማ የአየር ጠባይ በሚታይበት ከጥር እስከ ሰኔ ወራት ባለው ጊዜ ሊሆን የማጅራት ገትር ወረርሽኝ የሚታወቁት ወራት ጥር፣ የካቲት፣ መጋቢት፣ ሚያዝያና ግንቦት ናቸው።

ማጅራት ገትር ከ8-12 ዓመታት ውስጥ እየተመላለሰ በከፍተኛ ደረጃ በወረርሽኝ መልክ እየተቀሰቀሰ ጉዳት የማድረስ ባህርይ አለው።

የበሽታው ዋና ዋና ስሜቶችና ምልክቶች:

- በድንገትና በአጣዳፊ ሁኔታ የሚጀምር የጤንነት መታወክ፤
- በአዋቂዎች ላይ የሚበረታ ከፍተኛ ትኩሳት፤
- በህፃናት ላይ የሚበረታ ማትለሽለሽና ማስታወክ፤
- በጣም ከባድ ራስ ምታት፤
- ማቃዝትና አእምሮ መሳት፤
- መወራጨትና የጡንቻዎች በተለይም የጀርባና የማጅራት አካባቢ መኮማተርና መገተር፤
- ብርሃን ለማየት መፍራት ናቸው።

ተሕዋሲያኑ ከ2-8 ቀናት ባለው ጊዜ ውስጥ የአፍንጫን የውስጥ ክፍልና ጉሮሮን በመውረር የጉንፋን አይነት ስሜት ያስከትላሉ። ተሕዋሲያኑ አብዛኛውን ጊዜ ስን የሆነውን የአንጎል ሽፋን በከፍተኛ ደረጃ ያጠቃሉ።

በሽታው እድሜና ያታ አይለይም። ነገር ግን እድሜያቸው ከ2-30 ዓመት ክልል ውስጥ የሚገኙ የህብረተሰብ ክፍሎች በከፍተኛ ሁኔታ በበሽታው ይጠቃሉ።

የበሽታው ስሜቶችና ምልክቶች የተሰማው ሰው ፈጥሮ ወደ ጤና ድርጅት በመሄድ አፋጣኝ ህክምና ማግኘት አለበት። በማጅራት ገትር በሽታ የተያዙ ህመማን አፋጣኝ የሕክምና እርዳታ ካላገኙ ለከፋ ህመም ይዳረጋሉ። እስከ 50 በመቶ ያህሉ ለህልፈተ ህይወት ሊዳረጉ ይችላሉ።

ለበለጠ መረጃ:- የህብረተሰብ ጤና አደጋ ቁጥጥር ማዕከል :-

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